

Target First Aid

BL First Aid at Work



18 hour course.

Maximum 12 learners

This First Aid at Work qualification is designed for individuals who wish to act as a first aider in the workplace. Successful candidates will learn how to manage a range of injuries and illnesses that could occur at work and will be equipped with the essential skills needed to give first aid.

Course content		
<i>The role of the first aider</i>	<i>Asthma</i>	<i>Head and spinal injuries</i>
<i>Infection control</i>	<i>Shock</i>	<i>Chest injuries</i>
<i>Recording/reporting incidents and accidents</i>	<i>Anaphylaxis</i>	<i>Fractures, dislocations, sprains and strains</i>
<i>Incident and casualty assessment</i>	<i>Cardiac Arrest, Heart Attack and Angina</i>	<i>Burns and scalds</i>
<i>Cardiopulmonary resuscitation (CPR)</i>	<i>Stroke</i>	<i>Eye Injuries</i>
<i>Safe use of an Automated External Defibrillator</i>	<i>Epilepsy</i>	<i>Minor injuries</i>
<i>Unconscious casualty</i>	<i>Diabetes</i>	<i>Poisoning</i>
<i>Management of a seizure</i>	<i>Wounds and Bleeding</i>	
<i>Choking</i>	<i>Catastrophic bleeds</i>	

Course duration will be 18 hours, excluding breaks. This consists of 6 hours online followed by 2 days with a trainer. The trainer led sessions are normally covered within 2 days, but we offer the flexibility to schedule the course over several sessions of smaller duration. The maximum time to complete this course is 10 weeks.

Book Now with
Target First Aid Ltd

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