



Target First Aid

First Aid Annual Refresher

3 hour course.

Maximum 12 learners



This 3 hour course is designed to refresh the First Aiders knowledge and skills, along with obtaining any recent updates in procedures.

Course content

Cardiopulmonary resuscitation (CPR) (Including Paediatric Element for schools)

Safe use of an Automated External Defibrillator

Unconscious casualty

Choking

Shock

Wounds and Bleeding

Certification

Upon successful completion of this course, learners will receive a certificate.

Assessment

Will be by the trainer through observation.

**Book Now with
Target First Aid Ltd**

Call now; 01795 873814

Mobile; 07973549467

Email; office@targetfirstaid.com