

Target First Aid

# Basic Life Support (BLS)

3 hour course.

Maximum 12 learners



This 3 hour course is recommended for those wanting, or needing the very basic knowledge and skills in first aid.

<b>Course content</b>	
<b>Chain of survival</b>	<b>The safe use of of Automated External Defibrillator (AED).</b>
<b>Assessing an incident</b>	<b>Choking</b>
<b>Casualty assessment</b>	<b>Wounds and Bleeding</b>
<b>Managing an unresponsive casualty/ recovery position</b>	<b>CLIENT SPECIFIC TOPICS.</b>
<b>Cardiopulmonary resuscitation (C.P.R.)</b>	

### Certification

Upon successful completion of this course, learners will receive a certificate - valid for 3 years.

### Assessment

Will be by the trainer through observation.

<p><b>Book Now with</b> <b>Target First Aid Ltd</b></p>	<p>Call now; 01795 873814      Mobile; 07973549467</p>
	<p>Email; <a href="mailto:office@targetfirstaid.com" style="color: white;">office@targetfirstaid.com</a></p>